

## **Emotional and Mental Health Graduated Response**

Tier 1	Universal Offer	Trauma awareness training for all staff and induction for new staff and <u>Trauma Informed School UK</u> whole school approach used by all adults in school with a culture of warmth and social engagement in staff-pupil relationships
		Every child has at least two warm, positive interactions to start their day by being individually greeted at the door and at the gate when they come into school
		Weekly 'Star of the Day' in each class when compliments are given to a randomly selected child and sent home. These boost confidence and self-esteem
	School-wide efforts to raise awareness of	Self-evaluation of Personal Development using iAbacus (an online self-evaluation tool for subject leaders)
	emotionally vulnerable pupils and	Carefully planned PSHE curriculum which includes mental health/emotional literacy, tailored in response to needs of each class
	how to support them. Proactive measures in	Named emotionally available trusted adult for each child
	place to support	Advice for parents on how to support their child's emotional wellbeing
	emotional wellbeing of whole community.	Activities to mark Children's Mental Health Week (February) and World Mental Health Day (October)
		Regular opportunities to share feelings and worries – worry boxes in each classroom (worry teddy in EYFS), 'I wish my teacher knew' at least once every 2 weeks
		Every member of the school community is respected, supported and valued and work together to enhance the children's and each other's wellbeing
Tier 2	Targeted Offer	Staff adjust expectations and practices around vulnerable children to correspond with those children's developmental capabilities and experience of traumatic stress and loss
	Individual or group- based support for children identified as emotionally	A range of evidence-based interventions, including Lego Therapy, Socially Speaking, regular sessions with TISUK practitioner or Emotional Literacy Support Assistant (ELSA)
		Lunchtime Club nurture group
		Emotionally vulnerable children have daily, easy access to at least one specific and emotionally-available adult
	vulnerable	Bespoke advice and support for parents
		Assessments of needs using Motional with tailored programmes then put in place address identified needs
Tier 3	Enhanced Offer	Support from Suffolk County Council Specialist Education Service (SES)
	Bespoke provision for pupils with more	Bespoke provision outside of their classroom, either partly or wholly, including co-constructing a 'Wellbeing Curriculum' if appropriate
	complex needs who are struggling	Support and advice for school and parents from e.g. Mental Health Support Team/ OM Wellbeing / Bellscroft Consultancy/Emotional Wellbeing Hub